

Long-Term Care Statistics

52%	Percentage of people turning age 65 who will need some type of long-term care services in their lifetimes.
47%	Estimated percentage of men 65 and older who will need long-term care during their lifetimes.
58%	Estimated percentage of women 65 and older who will need long-term care during their lifetimes.
2.5 Years	Average number of years women will need long-term care.
1.5 Years	Average number of years men will need long-term care.
14%	Percentage of people who will need long-term care for longer than five years.
10%	Percentage of Americans over age 65 who have Alzheimer's dementia
33%	Percentage of Americans over age 85 who have Alzheimer's dementia.
64%	Percentage of Americans with Alzheimer's dementia who are women.
123%	Percentage increase in the number of people who died from Alzheimer's dementia, 2000-2015.
45%	Percentage of people requiring significant long-term care help (assistance with two or more activities of daily living) who are under age 65.
\$18,200	Median annual cost for adult day care (five days/week)
\$45,000	Median annual cost for assisted-living facility
\$85,775	Median annual nursing-home cost, semiprivate room
\$97,455	Median annual nursing-home cost, private room
83%	Percentage of care provided to older adults that is delivered by friends or family members.
65%	The percentage of older adults with long-term care needs who rely exclusively on friends and family members to provide that assistance.
62%	Percentage of nursing home residents whose care is provided by Medicaid.
50%	Expected increase in Medicaid spending for long-term care between 2016 and 2026.
\$126,420	Maximum amount of assets that a healthy spouse can retain for the other spouse to be eligible for long-term care benefits provided by Medicaid. (Actual amounts vary by state.) 2019
\$3,160	Maximum amount of monthly income that a healthy spouse can receive for the other spouse to be eligible for long-term care benefits provided by Medicaid. (Actual amounts vary by state.) 2019